



IDEAS FOR SUPPORTING YOUR CHILD'S TRANSITION

Thoughts on preparing your child for a virtual start to the school year



TEAMWORK

During this unusual time, it can be easy to let our stress get the better of us. Keep in mind that we are all teammates in supporting our children to be their best selves this year. Don't hesitate to both ask for support and collaborate with your team!



SPEND TIME CREATING A LEARNING SPACE WITH YOUR STUDENT

When your student has a say in their learning environment, they have an increased sense of ownership and they're more likely to want to embrace it and make it their own. Consider lighting, sound, background when looking for a good space.



PRACTICE GETTING FAMILIAR WITH YOUR DEVICE.

Now is a great time for students to explore and customize their computer. Practice important tasks like logging on, checking email, creating documents... maybe make it a game or a challenge!



ESTABLISH YOUR SCHOOL DAY ROUTINES

Students thrive when the events of the day are scheduled and predictable. Can you craft routines at home based around the schedule provided by the school? Maybe there's a warmup routine or a shutdown routine...



WE ARE LUCKY TO HAVE YOU

We know that the current situation adds additional stresses to your life on top of all the external stresses. We are grateful for all the support and guidance that you give your children and cannot wait to partner with you this year!